

Lesson Eight Quiz

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Acne Vulgaris and Its' Treatment

- Acne vulgaris**
 - a. occurs only during the teen years
 - b. may occur throughout life, but is commonly associated with puberty
 - c. rarely occurs in males
 - d. is related to the pituitary hormone known as acnease
- Acne vulgaris**
 - a. is associated with the release of gonadotropic hormone which eventually leads to androgen release
 - b. is most common in females over the age of 40 years
 - c. is related to acnease secretion
 - d. a & b only
- Acne vulgaris is associated with**
 - a. comedones
 - b. papules, nodules, and pustules
 - c. lesions on the face, chest, back and shoulders
 - d. all of the above
- Sebum**
 - a. is a mixture of triglycerides, wax esters, and sterol esters
 - b. is associated with reproduction in mammals
 - c. is composed of mucosaccharides and esters of lipoic-acnease
 - d. none of the above
- Tetracycline**
 - a. achieves adequate skin levels in three days
 - b. may be given with any food (i.e., milk)
 - c. may be used in low dosage for several months without encountering serious side effects
 - d. should not be used in acne vulgaris therapy because it causes hearing loss, even in low dosage
- A combination of which of the following is useful in topical therapy for acne vulgaris?**
 - a. salicylic acid and benzyl benzoate
 - b. resorcinol and alcohol
 - c. benzoyl peroxide and vitamin A acid
 - d. resorcinol and lanolin
- The organism that has been associated with acne is**
 - a. *Propionibacterium aureus*
 - b. *Propionibacterium acnease*
 - c. *Propionibacterium acnes*
 - d. *Pseudomonas acnes*
- Acne vulgaris**
 - a. will persist throughout adulthood if not treated properly
 - b. will cause death in 25% of cases
 - c. is best treated with oral zinc therapy
 - d. requires one month of estrogen therapy for best therapeutic results
- Which of the following has been associated with worsening acne vulgaris?**
 - a. seafood
 - b. lithium
 - c. phenytoin
 - d. all of the above
- Benzoyl peroxide**
 - a. is the same as sulfur
 - b. has an affect on *P. acnes*
 - c. must be used in combination with sulfur
 - d. acts by releasing carbon dioxide
- Which of the following agents is found in most topical acne products?**
 - a. vitamin C
 - b. sulfur
 - c. benzoyl peroxide
 - d. resorcinol
- Which of the following is considered carcinogenic?**
 - a. benzoyl peroxide
 - b. cryotherapy
 - c. ultraviolet light therapy
 - d. tetracycline
- Minocycline**
 - a. is the same as erythromycin
 - b. must be used topically
 - c. has a high affinity for sebaceous areas
 - d. costs less than tetracycline
- Isotretinoin**
 - a. is a vitamin A derivative
 - b. is administered parenterally
 - c. must be used for 16 to 24 days
 - d. is used in a dose of 10 g/day
- Isotretinoin**
 - a. may cause elevated liver enzyme levels
 - b. causes dry mucous membranes
 - c. is used for mild acne
 - d. a & b
- Did this CE article achieve its stated objectives?**
 - a. yes
 - b. no
- How much of this program can you apply in your practice?**
 - a. all
 - b. some
 - c. very little
 - d. none
- Approximately how long did it take you to read the article, study it and answer all questions?**
 - a. 1 - 1.5 hours
 - b. longer
 - c. less
- Type of practice**
 - a. retail
 - b. hospital, institutional
 - c. pharmacy organization/academia
 - d. manufacturing, distribution, other
- Indicate date you completed this exam (required).**

mm/dd/yy

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